



Brilliant Public School

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Cir. No. BPS/ Cir./ 2021-22/ June/ 041/ Virtual IYD/ Students

Date : 17/06/2021

NOTICE

Virtual International Yoga Day -2021

The 7th International Yoga Day will be celebrated on 21st June 2021, Monday. Students are expected to join the meeting in Teams, at 7:15 am for the Yoga session. Ensure to follow the Yoga protocol, pick up well ventilated and well-lit area, wear yoga appropriate decent clothes. Invite your family to join us for the Online Yoga Session. Make a one-minute video while performing yoga and post it in your Class- teacher's personal chat before 10:00 am of the same day.

Online Quiz Competition on Yoga, only for Classes VI-X:

Link will be shared by the teacher in Teams chat, student will be expected to complete and submit the quiz before 10:30 am on the same day.

Note:

- Attendance **compulsory** for **all the students**, for the online Yoga session (7:15am-8:15 am). Students will be marked absent for the day, incase he/she fails to attend the session.
- Regular classes after the Yoga Session. (as per the Time-table)

Sd/-

Dr. (Mrs.) Shruti Gupta
Director Principal